
RECORDS Alberta Masters
SC Meters-Women

18-24	50 Free	27.42	31-Dec-06	CMSC- AB	Arthur, J
	100 Free	1:00.50	8-Apr-17	EMSC	Emily Flowers at 2017 Alberta Masters Provincial Championships
	200 Free	2:15.44	31-Dec-06	EMSC- AB	Breitkreutz
	400 Free	4:47.80	31-Dec-02	UCM- AB	Pagnucco, L
	800 Free	10:25.45	31-Dec-01	EMSC- AB	Pye, A
	1500 Free	20:01.55	31-Dec-13	UNAT- AB	Greenfield, K
	50 Back	30.91	8-Apr-17	EMSC	Emily Flowers at 2017 Alberta Masters Provincial Championships
	100 Back	1:06.47	8-Apr-17	EMSC	Emily Flowers at 2017 Alberta Masters Provincial Championships
	200 Back	2:34.13	31-Dec-93	UCM- AB	Pagnucco, L
	50 Breast	36.15	31-Dec-93	NAIT- AB	O' Conner, J
	100 Breast	1:21.70	31-Dec-01	EMSC- AB	Camphenhout, K
	200 Breast	2:56.31	31-Dec-01	RMSC- AB	Cameron, D
	50 Fly	29.06	31-Dec-09	CMSC- AB	Arthur J
	100 Fly	1:06.44	8-Apr-17	EMSC	Emily Halajian at 2017 Alberta Masters Provincial Championships
	200 Fly	2:44.29	31-Dec-13	RDSS- AB	Alcorn, C
	100 IM	1:09.79	31-Dec-06	EMSC- AB	O' Toole, K
	200 IM	2:31.17	8-Apr-17	EMSC	Emily Halajian at 2017 Alberta Masters Provincial Championships
	400 IM	5:16.22	31-Dec-86	EMSC- AB	Kennedy, S
25-29	50 Free	26.99	31-Dec-11	CMSC- AB	Marcotte, K
	100 Free	58.58	31-Dec-11	CMSC- AB	Marcotte, K
	200 Free	2:13.04	31-Dec-11	CMSC- AB	Marcotte, K
	400 Free	4:40.59	31-Dec-11	CMSC- AB	Marcotte, K
	800 Free	9:44.68	31-Dec-13	EMSC- AB	Cholyk, S
	1500 Free	18:42.65	31-Dec-13	EMSC- AB	Cholyk, S
	50 Back	31.20	31-Dec-11	CMSC- AB	Marcotte, K
	100 Back	1:06.07	31-Dec-11	CMSC- AB	Marcotte, K
	200 Back	2:23.79	31-Dec-11	CMSC- AB	Marcotte, K
	50 Breast	35.72	31-Dec-00	RMSC- AB	Higgins, T
	100 Breast	1:17.74	31-Dec-00	RMSC- AB	Higgins, T
	200 Breast	2:51.54	31-Dec-00	RMSC- AB	Higgins, T
	50 Fly	29.69	31-Dec-11	CMSC- AB	Marcotte, K
	100 Fly	1:04.28	8-Apr-17	CMSC	Terri-Lynn Benison at 2017 Alberta Masters Provincial Championships
	200 Fly	2:18.79	28-Feb-16	CMSC- AB	Benison, Terri-Lynn
	100 IM	1:07.78	31-Dec-10	EMSC- AB	O' Toole, K
	200 IM	2:26.11	31-Dec-11	CMSC- AB	Marcotte, K
	400 IM	5:21.02	31-Dec-85	EMSC- AB	Gibson, C
30-34	50 Free	27.62	24-Jan-15	CMSC- AB	Mercer, J
	100 Free	1:00.78	24-Jan-15	CMSC- AB	Mercer, J
	200 Free	2:11.67	31-Dec-03	EMSC- AB	Younger, D
	400 Free	4:45.12	31-Dec-03	EMSC- AB	Younger, D
	800 Free	9:56.15	31-Dec-03	EMSC- AB	Younger, D
	1500 Free	18:47.76	31-Dec-03	EMSC- AB	Younger, D
	50 Back	31.57	31-Dec-06	CMSC- AB	Monar, K
	100 Back	1:10.32	31-Dec-03	EMSC- AB	Younger, D
	200 Back	2:30.62	31-Dec-03	EMSC- AB	Younger, D
	50 Breast	34.57	31-Dec-03	RMSC- AB	Higgins, T
	100 Breast	1:15.93	31-Dec-03	RMSC- AB	Higgins, T
	200 Breast	2:48.29	31-Dec-03	RMSC- AB	Higgins, T

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30-34	50 Fly	29.26	31-Dec-03	EMSC- AB	Younger, D
	100 Fly	1:04.98	31-Dec-03	EMSC- AB	Younger, D
	200 Fly	2:25.45	31-Dec-03	EMSC- AB	Younger, D
	100 IM	1:08.17	31-Dec-03	EMSC- AB	Younger, D
	200 IM	2:25.74	31-Dec-03	EMSC- AB	Younger, D
	400 IM	5:13.92	31-Dec-04	EMSC- AB	Younger, D
35-39	50 Free	27.37	31-Dec-12	EMSC- AB	MacWhirter, M
	100 Free	59.53	31-Dec-13	EMSC- AB	MacWhirter, M
	200 Free	2:09.75	31-Dec-13	EMSC- AB	MacWhirter, M
	400 Free	4:39.90	19-May-14	EMSC- AB	MacWhirter, M
	800 Free	9:31.79	31-Dec-05	EMSC- AB	Younger, D
	1500 Free	18:45.07	31-Dec-05	EMSC- AB	Younger, D
	50 Back	30.95	19-May-14	EMSC- AB	MacWhirter, M
	100 Back	1:06.64	31-Dec-13	EMSC- AB	MacWhirter, M
	200 Back	2:24.00	19-May-14	EMSC- AB	MacWhirter, M
	50 Breast	36.48	31-Dec-08	EMSC- AB	Younger, D
	100 Breast	1:18.97	31-Dec-12	GP- AB	Porter, A
	200 Breast	2:51.81	31-Dec-08	EMSC- AB	Younger, D
	50 Fly	29.09	31-Dec-05	EMSC- AB	Younger, D
	100 Fly	1:03.07	31-Dec-05	EMSC- AB	Younger, D
	200 Fly	2:21.76	31-Dec-05	EMSC- AB	Younger, D
	100 IM	1:07.51	31-Dec-05	EMSC- AB	Younger, D
	200 IM	2:23.47	31-Dec-05	EMSC- AB	Younger, D
	400 IM	5:16.07	31-Dec-05	EMSC- AB	Younger, D
40-44	50 Free	28.62	28-Feb-16	CMSC- AB	Brown, Lisa
	100 Free	1:03.00	31-Dec-98	EGST- AB	Quirk, J
	200 Free	2:17.06	31-Dec-12	RMM- AB	Andersen, M
	400 Free	4:50.57	31-Dec-06	EMSC- AB	McGinnis, G
	800 Free	10:07.11	31-Dec-06	EMSC- AB	McGinnis, G
	1500 Free	19:29.16	23-May-16	CALY- AB	Tyson, C
	50 Back	32.82	31-Dec-07	EMSC- AB	Romanovich, M
	100 Back	1:11.56	31-Dec-05	CWC- AB	Wells, L
	200 Back	2:33.62	31-Dec-05	CWC- AB	Wells, L
	50 Breast	37.36	31-Dec-10	EMSC- AB	Younger, D
	100 Breast	1:22.09	31-Dec-05	CWC- AB	Wells, L
	200 Breast	2:56.71	31-Dec-05	CWC- AB	Wells, L
	50 Fly	31.02	31-Dec-10	EMSC- AB	Younger, D
	100 Fly	1:08.44	31-Dec-11	EMSC- AB	Younger, D
	200 Fly	2:30.74	31-Dec-11	EMSC- AB	Younger, D
	100 IM	1:11.11	31-Dec-05	CWC- AB	Wells, L
	200 IM	2:34.50	31-Dec-05	CWC- AB	Wells, L
	400 IM	5:35.94	31-Dec-14	EMSC- AB	Younger, D
45-49	50 Free	28.35	31-Dec-13	EMSC- AB	McGinnis, Gail
	100 Free	1:02.23	31-Dec-12	EMSC- AB	McGinnis, Gail
	200 Free	2:17.47	25-Mar-17	EMSC	Debbie Younger at Making Waves 16th Annual Sprint Meet
	400 Free	4:48.26	31-Dec-13	EMSC- AB	McGinnis, Gail
	800 Free	10:04.55	31-Dec-07	CMSC- AB	Carlsen, J
	1500 Free	19:06.25	31-Dec-07	CMSC- AB	Carlsen, J
	50 Back	32.95	8-Apr-17	CALY- AB	Robin Latajka at 2017 Alberta Masters Provincial Championships

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45-49	100	Back	1:10.33	31-Dec-05	CWC- AB	Wells, L
	200	Back	2:37.70	31-Dec-06	CWC- AB	Wells, L
	50	Breast	37.48	27-Apr-13	EMSC- AB	McGinnis, Gail
	100	Breast	1:21.22	31-Dec-12	EMSC- AB	McGinnis, Gail
	200	Breast	2:56.54	31-Dec-08	CWC- AB	Wells, L
	50	Fly	30.35	25-Mar-17	EMSC	Debbie Younger at Making Waves 16th Annual Sprint Meet
	100	Fly	1:08.84	8-Apr-17	EMSC	Debbie Younger at 2017 Alberta Masters Provincial Championships
	200	Fly	2:40.59	31-Dec-11	CMSC- AB	Giannoccaro, L
	100	IM	1:11.30	31-Dec-06	CWC- AB	Wells, L
	200	IM	2:34.15	31-Dec-06	CWC- AB	Wells, L
	400	IM	5:33.88	31-Dec-08	CWC- AB	Wells, L
50-54	50	Free	28.88	25-Apr-15	EMSC	Gail McGinnis at 2015 Alberta Masters Provincia
	100	Free	1:03.99	25-Apr-15	EMSC	Gail McGinnis at 2015 Alberta Masters Provincia
	200	Free	2:18.96	12-May-17	EMSC- AB	Gail McGinnis at Canadian Masters Championships
	400	Free	4:48.68	31-Dec-09	CMSC- AB	Carlsen, J
	800	Free	9:49.92	31-Dec-09	CMSC- AB	Carlsen, J
	1500	Free	18:38.58	31-Dec-09	CMSC- AB	Carlsen, J
	50	Back	34.08	31-Dec-12	CWC- AB	Dawson, K
	100	Back	1:12.04	31-Dec-11	CWC- AB	Wells, L
	200	Back	2:40.03	31-Dec-13	CWC- AB	Wells, L
	50	Breast	38.01	25-Apr-15	EMSC	Gail McGinnis at 2015 Alberta Masters Provincia
	100	Breast	1:23.17	31-Dec-13	CWC- AB	Wells, L
	200	Breast	2:57.52	31-Dec-11	CWC- AB	Wells, L
	50	Fly	31.60	25-Apr-15	EMSC	Gail McGinnis at 2015 Alberta Masters Provincia
	100	Fly	1:10.81	31-Dec-12	CMSC- AB	Giannoccaro, L
	200	Fly	2:39.03	31-Dec-12	CMSC- AB	Giannoccaro, L
	100	IM	1:12.40	22-Apr-17	EMSC- AB	Gail McGinnis
	200	IM	2:38.43	31-Dec-11	CWC- AB	Wells, L
	400	IM	5:37.20	31-Dec-09	CMSC- AB	Carlsen, J
55-59	50	Free	29.96	31-Dec-13	CWC- AB	Amundrud, G
	100	Free	1:04.97	31-Dec-13	CWC- AB	Amundrud, G
	200	Free	2:23.85	31-Dec-13	CWC- AB	Amundrud, G
	400	Free	5:00.58	31-Dec-13	CMSC- AB	Carlsen, J
	800	Free	10:12.79	31-Dec-13	CMSC- AB	Carlsen, J
	1500	Free	19:27.93	31-Dec-13	CMSC- AB	Carlsen, J
	50	Back	35.69	13-Nov-16	CLIP	Lisa Dixon-Wells at CMSC Circuit Meet One
	100	Back	1:16.40	31-Dec-13	CWC- AB	Amundrud
	200	Back	2:55.47	28-Feb-16	EMSC- AB	Janis, Shirriff
	50	Breast	39.20	31-Dec-12	CMSC- AB	Starratt, Rene
	100	Breast	1:29.13	31-Dec-12	CMSC- AB	Starratt, Rene
	200	Breast	3:13.59	31-Dec-13	CMSC- AB	Carlsen, J
	50	Fly	32.08	21-Apr-17	CMSC- AB	Louise Giannoccaro
	100	Fly	1:11.91	21-Apr-17	CMSC	Louise Giannoccaro at 2017 MSABC Provincials
	200	Fly	2:42.75	21-Apr-17	CMSC	Louise Giannoccaro at 2017 MSABC Provincials
	100	IM	1:16.38	8-Apr-17	CLIP	Lisa Dixon-Wells at 2017 Alberta Masters Provincial Championships
	200	IM	2:47.12	31-Dec-13	CMSC- AB	Carlsen, J
	400	IM	5:50.58	31-Dec-13	CMSC- AB	Carlsen, J
60-64	50	Free	32.88	28-Feb-16	CMSC- AB	Starrett, Rene
	100	Free	1:16.48	19-May-14	EMSC- AB	Garvie, Leigh

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60-64	200 Free	2:36.14	6-Apr-14	CMSC- AB	Wylie, L
	400 Free	5:31.32	5-Apr-14	CMSC- AB	Wylie, L
	800 Free	11:20.40	6-Apr-14	CMSC- AB	Wylie, L
	1500 Free	22:17.34	5-Apr-14	CMSC- AB	Wylie, L
	50 Back	40.47	3-Apr-16	CMSC- AB	Starratt, Rene
	100 Back	1:36.64	8-Apr-17	WILD- AB	Catherine Skene at 2017 Alberta Masters Provincial Championships
	200 Back	3:30.37	3-Apr-16	CWCC- AB	Kempthorne, Pam
	50 Breast	41.33	28-Feb-16	CMSC	Rene Starratt at 2016 CMSC Invitational
	100 Breast	1:30.79	3-Apr-16	CMSC- AB	Starratt, Rene
	200 Breast	3:49.83	31-Dec-97	EMSC- AB	McKellar, Loreen
	50 Fly	35.02	3-Apr-16	CMSC- AB	Starratt, Rene
	100 Fly	1:26.91	8-Apr-17	CMSC	Rene Starratt at 2017 Alberta Masters Provincial Championships
	200 Fly	4:52.13	31-Dec-91	CMSC- AB	MacGregor, H
	100 IM	1:20.86	28-Feb-16	CMSC- AB	Starratt, Rene
	200 IM	2:59.76	5-Apr-14	CMSC- AB	Wylie, L
	400 IM	8:23.46	31-Dec-11	FMSC- AB	Schultz
65-69	50 Free	50.24	18-Apr-03	CMSC- AB	Nancy Davis
	100 Free	1:57.17	18-Apr-03	CMSC- AB	Nancy Davis
	200 Free	3:23.33	13-Nov-16	HCGC	Ewa Gawlik at CMSC Circuit Meet One
	400 Free	7:19.30	9-Aug-16	SAMSC- AB	Roberta, Catherine at SwimmingChampionships IGLA 2016
	800 Free	14:42.05	21-May-12	SAMSC	Roberts, C
	1500 Free	27:58.53	31-Dec-12	SAMSC- AB	Roberts, C
	50 Back	45.33	31-Dec-06	EMSC- AB	Korbely, Erika
	100 Back	1:48.29	25-Apr-15	GPMT	Mary-Helen Hopkins at 2015 Alberta Masters Provincia
	200 Back	3:51.18	25-Apr-15	GPMT- AB	Hopkins, Mary-Helen at 2015 Alberta Masters Provincials
	50 Breast	51.67	25-Apr-15	GPMT	Mary-Helen Hopkins at 2015 Alberta Masters Provincia
	100 Breast	1:55.84	31-Dec-99	LMSC- AB	Harris, L
	200 Breast	3:57.84	31-Dec-01	LMSC- AB	Harris, L
70-74	50 Free	41.54	31-Dec-07	EMSC- AB	McKellar, Loreen
	100 Free	1:34.83	31-Dec-06	EMSC- AB	McKellar, Loreen
	200 Free	3:34.07	31-Dec-08	EMSC- AB	McKellar, Loreen
	400 Free	7:21.71	8-Apr-17	SAMC	Catherine Roberts at 2017 Alberta Masters Provincial Championships
	800 Free	14:57.46	8-Apr-17	SAMC	Catherine Roberts at 2017 Alberta Masters Provincial Championships
	1500 Free	28:30.76	8-Apr-17	SAMC	Catherine Roberts at 2017 Alberta Masters Provincial Championships
	50 Back	50.94	31-Dec-07	EMSC- AB	McKellar, Loreen
	100 Back	1:59.31	31-Dec-07	EMSC- AB	McKellar, Loreen
	200 Back	4:57.81	31-Dec-12	EMSC- AB	Blanchet, Karen
	50 Breast	54.82	31-Dec-90	GREY- AB	Cameron, B
	100 Breast	2:05.51	31-Dec-90	GREY- AB	Cameron, B
	200 Breast	4:47.02	31-Dec-11	EMSC- AB	Adams, S
	50 Fly	1:10.25	21-Jan-17	CMSC	Marilyn Shaw at FMSC Swim Meet 2017
	100 IM	1:59.47	31-Dec-05	EMSC- AB	McKellar, Loreen
75-79	50 Free	43.89	31-Dec-08	EMSC- AB	McKellar, Loreen
	100 Free	1:41.30	31-Dec-08	EMSC- AB	McKellar, Loreen
	200 Free	4:29.41	31-Dec-08	CMSC- AB	Obee, M
	400 Free	9:06.16	31-Dec-11	OKOT- AB	MacDonald, P
	800 Free	19:08.29	31-Dec-08	CMSC- AB	Obee, M
	50 Back	51.54	31-Dec-08	EMSC- AB	McKellar, Loreen
	100 Back	1:56.86	31-Dec-08	EMSC- AB	McKellar, Loreen

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75-79	200 Back	5:28.54	31-Dec-06	EMSC- AB	Thorne, O
	50 Breast	59.20	31-Dec-08	EMSC- AB	McKellar, Loreen
	100 Breast	2:12.04	31-Dec-08	EMSC- AB	McKellar, Loreen
	200 Breast	5:14.23	31-Dec-11	CMSC- AB	Davis, N
	50 Fly	1:21.91	31-Dec-06	EMSC- AB	Thorne, O
	100 IM	2:34.81	31-Dec-05	ENSC- AB	Thorne, O
80-84	50 Free	1:07.83	31-Dec-10	CMSC	Obee, M
	100 Free	2:27.62	31-Dec-10	CMSC	Obee, M
	200 Free	5:06.77	31-Dec-10	CMSC- AB	Obee, M
	400 Free	9:50.02	31-Dec-10	CMSC- AB	Obee, M
	50 Back	1:37.14	31-Dec-01	EGS	Henning, M
	100 Back	3:31.83	31-Dec-01	EGS	Henning, M
	50 Breast	1:31.57	31-Dec-91	AAS	Stillman, C
	100 Breast	3:31.55	31-Dec-91	AAS- AB	Stillman, C
	100 IM	3:36.35	31-Dec-91	AAS- AB	Stillman, C
85-89	50 Free	1:09.59	21-Feb-15	CMSC	Obee, M
	100 Free	2:27.62	21-Feb-15	CMSC- AB	Obee, M
	200 Free	5:07.25	21-Feb-15	CMSC- AB	Obee, M
	400 Free	10:17.48	21-Feb-15	CMSC- AB	Obee, M

RECORDS Alberta Masters
SC Meters-Men

18-24	50 Free	24.11	18-May-15	CMSC- QC	Siarkowski, Michael
	100 Free	52.84	18-May-15	CMSC- QC	Siarkowski, Michael
	200 Free	2:01.65	6-Apr-14	AMAM- AB	Lutsch, Curtis
	400 Free	4:24.64	19-Nov-11	EMSC- AB	Phelan, Jim
	800 Free	9:10.62	31-Dec-99	CMSC- AB	Kahs, E
	1500 Free	18:37.20	31-Dec-05	PENG- AB	Stanger, R
	50 Back	28.21	31-Dec-02	CMSC- AB	Miller, J
	100 Back	1:02.11	31-Dec-12	PENG- AB	Kremer, T
	200 Back	2:19.03	31-Dec-04	UOFA- AB	Westman, K
	50 Breast	30.75	31-Dec-89	EMSC- AB	Salpeter, Tim
	100 Breast	1:07.26	6-Apr-14	AMAM- AB	Lutsch, Curtis
	200 Breast	2:38.48	31-Dec-13	RDS- AB	Iliscupidez, B
	50 Fly	26.12	25-Nov-15	CMSC- AB	Siarkowski, Michael
	100 Fly	58.53	31-Dec-87	NAIT- AB	Riddle, R
	200 Fly	2:25.06	31-Dec-13	UNAT- AB	Cocks, R
	100 IM	1:01.95	31-Dec-95	UCMS- AB	Bain, A
	200 IM	2:15.80	31-Dec-11	EMSC- AB	Phelan, Jim
	400 IM	4:53.00	31-Dec-11	EMSC- AB	Phelan, Jim
25-29	50 Free	24.07	31-Dec-96	CMSC- AB	Welechuk, Jeff
	100 Free	52.56	31-Dec-96	USMS- AB	Welechuk, Jeff
	200 Free	1:56.16	31-Dec-96	CMSC- AB	Welechuk, Jeff
	400 Free	4:10.76	18-May-15	EMSC- QC	Phelan, Jim
	800 Free	8:46.34	31-Dec-13	EMSC- AB	Phelan, Jim
	1500 Free	17:06.77	5-Apr-14	EMSC- AB	Phelan, Jim
	50 Back	26.71	31-Dec-11	EMSC- AB	Chang, Jian-Lok
	100 Back	57.28	31-Dec-96	CMSC- AB	Welechuk, Jeff
	200 Back	2:07.05	31-Dec-96	CMSC- AB	Welechuk
	50 Breast	27.69	31-Dec-03	CMSC- AB	Patrick, R
	100 Breast	1:02.61	31-Dec-03	CMSC- AB	Patrick, R
	200 Breast	2:34.67	23-Mar-03	PENGM- AB	Brewer, S
	50 Fly	25.56	3-Apr-16	CMSC- AB	Siarkowski, Michael
	100 Fly	58.56	31-Dec-03	CMSC- AB	Jessee, M
	200 Fly	2:13.45	31-Dec-06	PCMSC- AB	Simpson, B
	100 IM	1:00.25	31-Dec-08	CMSC- AB	Capara, S
	200 IM	2:11.42	31-Dec-13	EMSC- AB	Phelan, Jim
	400 IM	4:41.42	31-Dec-12	EMSC- AB	Phelan, Jim
30-34	50 Free	23.45	31-Dec-04	LMSC- AB	Kondziolka, D
	100 Free	51.60	31-Dec-08	UNAT- AB	Miller, J
	200 Free	1:54.92	31-Dec-08	UNAT- AB	Miller, J
	400 Free	4:15.16	31-Dec-03	CMSC- AB	Welechuk, Jeff
	800 Free	9:01.63	31-Dec-11	UNAT- AB	Simpson, B
	1500 Free	17:23.23	31-Dec-11	UNAT- AB	Simpson, B
	50 Back	27.00	31-Dec-03	CMSC- AB	Welechuk, Jeff
	100 Back	57.63	31-Dec-03	CMSC- AB	Welechuk, Jeff
	200 Back	2:05.82	31-Dec-03	CMSC- AB	Welechuk, Jeff
	50 Breast	31.06	31-Dec-96	LM- AB	Fitzpatrick, K
	100 Breast	1:09.32	19-May-14	EMSC- AB	Lam, Jeff
	200 Breast	2:34.92	19-May-14	EMSC- AB	Lam, Jeff

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30-34	50 Fly	25.81	31-Dec-03	EMSC- AB	Saretsky, Barry	
	100 Fly	56.91	31-Dec-03	EMSC- AB	Saretsky, Barry	
	200 Fly	2:11.22	31-Dec-03	CMSC- AB	Welbourn, J	
	100 IM	59.65	31-Dec-08	UNAT- AB	Miller, J	
	200 IM	2:12.64	31-Dec-01	CMSC- AB	Welechuk, Jeff	
	400 IM	4:52.71	6-Apr-14	CMSC- AB	Colbert, G	
35-39	50 Free	24.09	31-Dec-09	CMSC- AB	Welechuk, Jeff	
	100 Free	52.74	31-Dec-09	CMSC- AB	Welechuk, Jeff	
	200 Free	1:57.11	31-Dec-08	CMSC- AB	Welechuk, Jeff	
	400 Free	4:16.54	31-Dec-08	CMSC- AB	Welechuk, Jeff	
	800 Free	8:56.90	3-Apr-16	WILD- AB	Simpson, B	
	1500 Free	17:06.26	31-Dec-12	UNAT- AB	Simpson, B	
	50 Back	26.72	31-Dec-09	CMSC- AB	Welechuk, Jeff	
	100 Back	56.42	31-Dec-09	CMSC- AB	Welechuk, Jeff	
	200 Back	2:04.96	31-Dec-09	CMSC- AB	Welechuk, Jeff	
	50 Breast	32.32	31-Dec-12	RDM- AB	Stevens, Clint	
	100 Breast	1:11.29	21-Jan-15	CMSC- AB	Murphy, Kyle	
	200 Breast	2:42.33	28-Mar-15	CMSC- AB	Murphy, Kyle	
	50 Fly	25.88	31-Dec-04	EMSC- AB	Saretsky, Barry	
	100 Fly	57.72	31-Dec-07	EMSC- AB	Saretsky, Barry	
	200 Fly	2:12.26	31-Dec-06	CMSC- AB	Welbourn, J	
	100 IM	1:00.50	31-Dec-08	CMSC- AB	Welechuk, Jeff	
	200 IM	2:12.22	31-Dec-09	CMSC- AB	Welechuk, Jeff	
	400 IM	4:44.51	31-Dec-09	CMSC- AB	Welechuk, Jeff	
	40-44	50 Free	24.36	31-Dec-11	WRSA- AB	Welechuk, Jeff
		100 Free	53.45	31-Dec-11	WRSA- AB	Welechuk, Jeff
200 Free		1:57.90	31-Dec-12	CMSC- AB	Welechuk, Jeff	
400 Free		4:14.55	31-Dec-12	CMSC- AB	Welechuk, Jeff	
800 Free		9:05.73	31-Dec-12	CMSC- AB	Welechuk, Jeff	
1500 Free		16:58.90	8-Apr-17	WILD- AB	Bo Simpson at 2017 Alberta Masters Provincial Championships	
50 Back		27.05	19-May-14	EMSC- AB	Welechuk, Jeff	
100 Back		57.80	31-Dec-11	WRSA- AB	Welechuk, Jeff	
200 Back		2:07.78	31-Dec-11	WRSA- AB	Welechuk, Jeff	
50 Breast		30.78	31-Dec-09	EMSC- AB	Salpater, Tim	
100 Breast		1:06.20	31-Dec-09	EMSC- AB	Salpater, Tim	
200 Breast		2:27.70	31-Dec-09	EMSC- AB	Salpater, Tim	
50 Fly		25.86	31-Dec-09	EMSC- AB	Saretsky, Barry	
100 Fly		57.46	31-Dec-09	EMSC- AB	Saretsky, Barry	
200 Fly		2:15.21	31-Dec-09	EMSC- AB	Saretsky, Barry	
100 IM		59.90	31-Dec-12	CMSC- AB	Welechuk, Jeff	
200 IM		2:11.64	31-Dec-11	WRSA- AB	Welechuk, Jeff	
400 IM		4:45.78	31-Dec-12	CMSC- AB	Welechuk, Jeff	
45-49		50 Free	24.58	19-May-14	EMSC- AB	Saretsky, Barry
		100 Free	53.73	19-May-15	EMSC- AB	Saretsky, Barry
	200 Free	1:59.96	18-May-15	EMSC- QC	Saretsky, Barry	
	400 Free	4:22.59	31-Dec-09	EMSC- AB	Lewis, Barry	
	800 Free	9:11.20	31-Dec-09	EMSC- AB	Lewis, Barry	
	1500 Free	17:54.82	31-Dec-09	EMSC- AB	Lewis, Barry	
	50 Back	27.93	21-Feb-15	CMSC- AB	Welechuk, Jeff	

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45-49	100	Back	59.75	20-May-16	CMSC- AB	Welechuk, Jeff
	200	Back	2:10.84	20-May-16	CMSC- AB	Welechuk, Jeff
	50	Breast	32.67	17-May-15	EMSC- AB	Saretsky, Barry
	100	Breast	1:09.54	21-Feb-15	WILD- AB	Bidrman, Jan
	200	Breast	2:40.99	31-Dec-03	LMSC- AB	Nicol, C
	50	Fly	25.99	19-May-14	EMSC- AB	Saretsky, Barry
	100	Fly	59.29	19-May-14	EMSC- AB	Saretsky, Barry
	200	Fly	2:20.59	21-Feb-15	WILD- AB	Bidrman, Jan
	100	IM	1:01.95	19-May-14	EMSC- AB	Saretsky, Barry
	200	IM	2:21.10	5-Apr-14	EMSC- AB	Saretsky, Barry
	400	IM	4:59.46	21-Feb-15	WILD- AB	Bidrman, Jan
50-54	50	Free	25.96	31-Dec-07	UNAT- AB	Clevenger, T
	100	Free	56.69	31-Dec-12	EMSC- AB	Lewis, Barry
	200	Free	2:05.67	31-Dec-07	UNAT- AB	Clevenger, T
	400	Free	4:29.43	31-Dec-12	EMSC- AB	Lewis, Barry
	800	Free	9:21.27	31-Dec-12	EMSC- AB	Lewis, Barry
	1500	Free	18:06.78	31-Dec-11	CMSC- AB	Carlsen, Glenn
	50	Back	30.57	31-Dec-11	WRSA- AB	Garside, S
	100	Back	1:04.11	23-Jan-16	FTH	Jan Bidrman at FMSC Swim Meet 2016
	200	Back	2:29.51	31-Dec-99	CMSC- AB	O'Brien, P
	50	Breast	32.61	31-Dec-11	WRSA- AB	Garside, S
	100	Breast	1:09.94	23-Jan-16	FTH	Jan Bidrman at FMSC Swim Meet 2016
	200	Breast	2:48.23	31-Dec-03	CMSC- AB	Morrow, Mike
	50	Fly	28.15	31-Dec-06	CMSC- AB	Dickson, Dave
	100	Fly	58.86	28-Feb-16	FTH- AB	Bidrman, Jan
	200	Fly	2:28.29	31-Dec-09	CMSC- AB	Carlsen, Glenn
	100	IM	1:01.65	28-Feb-16	FTH- AB	Bidrman, Jan
	200	IM	2:20.06	23-Jan-16	FTH	Jan Bidrman at FMSC Swim Meet 2016
	400	IM	5:20.97	31-Dec-11	CMSC- AB	Carlsen, Glenn
55-59	50	Free	26.92	23-Apr-17	EMSC- AB	Barry Lewis at BC Masters Provincials
	100	Free	57.36	14-May-17	EMSC- AB	Barry Lewis at Canadian Masters Championships
	200	Free	2:07.04	12-May-17	EMSC- AB	Barry Lewis at Canadian Masters Championships
	400	Free	4:32.93	13-May-17	EMSC- AB	Barry Lewis at Canadian Masters Championships
	800	Free	9:26.87	31-Dec-12	CMSC- AB	Carlsen, Glenn
	1500	Free	18:10.34	31-Dec-12	CMSC- AB	Carlsen, Glenn
	50	Back	31.48	31-Dec-09	EMSC- AB	MacDonald, Jim
	100	Back	1:09.30	31-Dec-07	CMSC- AB	O'Brien, P
	200	Back	2:31.03	31-Dec-09	EMSC- AB	MacDonald, Jim
	50	Breast	34.35	21-Feb-15	CMSC- AB	Garside, Simon
	100	Breast	1:17.82	31-Dec-06	CMSC- AB	Morrow, Mike
	200	Breast	2:48.51	31-Dec-12	CMSC- AB	Carlsen, Glenn
	50	Fly	28.86	31-Dec-08	CMSC- AB	Dickson, Dave
	100	Fly	1:04.38	31-Dec-08	CMSC- AB	Dickson, Dave
	200	Fly	2:33.12	31-Dec-12	CMSC- AB	Carlsen, Glenn
	100	IM	1:08.65	2-Apr-15	CMSC	Garside, Simon
	200	IM	2:30.74	31-Dec-08	CMSC- AB	Dickson, Dave
	400	IM	5:19.85	31-Dec-12	CMSC- AB	Carlsen, Glenn
60-64	50	Free	27.23	31-Dec-02	DRAG- AB	VanBaalén, V
	100	Free	1:02.89	31-Dec-13	CMSC- AB	Dickson, Dave

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60-64	200 Free	2:20.31	31-Dec-13	CMSC- AB	Dickson, Dave
	400 Free	5:04.48	5-Apr-15	CMSC- AB	Dickson, Dave
	800 Free	10:30.29	6-Apr-14	CMSC- AB	Dickson, Dave
	1500 Free	19:59.52	5-Apr-15	CMSC- AB	Dickson, Dave
	50 Back	31.52	31-Dec-09	CMSC- AB	O'Brien, P
	100 Back	1:09.20	31-Dec-09	CMSC- AB	O'Brien, P
	200 Back	2:37.82	31-Dec-09	CMSC- AB	O'Brien, P
	50 Breast	36.49	22-Apr-17	EMSC- AB	Wayne Strach
	100 Breast	1:19.70	21-Feb-15	CMSC- AB	Skulsky, Butch
	200 Breast	2:57.75	15-Apr-12	CMSC- AB	Morrow, Mike
	50 Fly	30.79	31-Dec-13	CMSC- AB	Dickson, Dave
	100 Fly	1:10.33	31-Dec-13	CMSC- AB	Dickson, Dave
	200 Fly	2:58.38	31-Dec-12	CMSC- AB	Morrow, Mike
	100 IM	1:11.22	31-Dec-13	CMSC- AB	Dickson, Dave
	200 IM	2:40.54	31-Dec-11	CMSC- AB	Morrow, Mike
	400 IM	5:48.20	31-Dec-11	CMSC- AB	Morrow, Mike
65-69	50 Free	26.73	31-Dec-07	DRAG- AB	VanBaalén, V
	100 Free	1:02.50	31-Dec-07	DRAG- AB	VanBaalén, V
	200 Free	2:32.92	20-May-16	WILD- AB	Morrow, Mike
	400 Free	5:32.91	31-Dec-09	UNAT- AB	Pivovarov, I
	800 Free	11:23.99	20-May-16	WILD- AB	Morrow, Mike
	1500 Free	22:37.95	31-Dec-10	OMSC- AB	Melton, B
	50 Back	32.48	31-Dec-07	DRAG- AB	VanBallen, V
	100 Back	1:13.39	18-May-15	CMSC- AB	O'Brien, Peter
	200 Back	2:47.06	18-May-15	CMSC- AB	O'Brien, Peter
	50 Breast	36.77	31-Dec-99	EDSON- AB	Templeman, N
	100 Breast	1:25.36	31-Dec-99	EDSON- AB	Templeman, N
	200 Breast	3:05.48	18-May-15	CMSC- AB	Morrow, Mike
	50 Fly	32.89	31-Dec-09	DRAG- AB	VanBaalén, V
	100 Fly	1:15.70	31-Dec-09	UNAT- AB	Pivovarov, I
	200 Fly	3:02.94	31-Dec-09	UNAT- AB	Pivovarov, I
	100 IM	1:14.56	31-Dec-09	DRAG- AB	VanBaalén, V
	200 IM	2:47.06	18-May-15	WILD- QC	Morrow, Mike
	400 IM	6:06.30	18-May-15	WILD- QC	Morrow, Mike
70-74	50 Free	28.23	31-Dec-12	DRAG- AB	VanBaalén, V
	100 Free	1:05.62	31-Dec-12	DRAG- AB	VanBaalén, V
	200 Free	2:42.75	31-Dec-13	UNAT- AB	Pivovarov, I
	400 Free	5:58.66	19-May-14	EMSC- AB	Pivovarov, I
	800 Free	12:43.13	31-Dec-13	UNAT- AB	Pivovarov, I
	1500 Free	26:11.40	31-Dec-12	SAMSC- AB	Roberts, R
	50 Back	34.15	31-Dec-12	DRAG- AB	VanBaalén, V
	100 Back	1:20.02	31-Dec-12	DRAG- AB	VanBaalén, V
	200 Back	3:25.29	31-Dec-12	SAMSC- AB	Roberts, R
	50 Breast	37.47	31-Dec-01	EDSON- AB	Templeman, N
	100 Breast	1:27.38	31-Dec-01	EDSON- AB	Templeman, N
	200 Breast	3:24.30	24-Jan-15	CMSC- AB	Shaw, Keith
	50 Fly	35.43	31-Dec-12	DRAG- AB	VanBaalén, V
	100 Fly	1:22.46	19-May-14	ENSC- AB	Pivovarov, I
	200 Fly	3:22.99	31-Dec-13	UNAT- AB	Pivovarov, I
	100 IM	1:18.86	31-Dec-12	DRAG- AB	VanBaalén, V

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70-74	200 IM	3:10.25	31-Dec-13	UNAT- AB	Pivovarov	
	400 IM	7:31.40	31-Dec-13	SAMSC- AB	Roberts, R	
75-79	50 Free	36.40	31-Dec-99	EMSC- AB	Johnston, H	
	100 Free	1:22.77	30-Apr-16	CMSC	Jim Fry at Red Deer Silver Sharks Masters	
	200 Free	3:09.73	8-Apr-17	CMSC	Jim Fry at 2017 Alberta Masters Provincial Championships	
	400 Free	6:56.67	31-Dec-99	EMSC- AB	Johnston, H	
	800 Free	14:57.54	8-Apr-17	SAMC	Richard Roberts at 2017 Alberta Masters Provincial Championships	
	1500 Free	28:45.40	2-Apr-16	UNAT- AB	Smith, David	
	50 Back	48.59	21-Jan-17	SAMC	Richard Roberts at FMSC Swim Meet 2017	
	100 Back	1:47.92	25-Mar-17	SAMC	Richard Roberts at Making Waves 16th Annual Sprint Meet	
	200 Back	3:49.89	8-Apr-17	SAMC	Richard Roberts at 2017 Alberta Masters Provincial Championships	
	50 Breast	49.09	21-Jan-17	SAMC	Richard Roberts at FMSC Swim Meet 2017	
	100 Breast	1:49.68	25-Mar-17	SAMC	Richard Roberts at Making Waves 16th Annual Sprint Meet	
	200 Breast	4:14.91	8-Apr-17	SAMC	Richard Roberts at 2017 Alberta Masters Provincial Championships	
	50 Fly	40.68	21-Jan-17	SAMC	Richard Roberts at FMSC Swim Meet 2017	
	100 Fly	1:55.16	31-Dec-99	EMSC- AB	Johnston, H	
	200 Fly	4:46.97	8-Apr-17	SAM- AB	Richard Roberts at 2017 Alberta Masters Provincial Championships	
	100 IM	1:37.83	21-Jan-17	CMSC	Jim Fry at FMSC Swim Meet 2017	
	200 IM	3:59.20	25-Mar-17	SAMC	Richard Roberts at Making Waves 16th Annual Sprint Meet	
	400 IM	8:21.63	21-Jan-17	SAM- AB	Richard Roberts FMSC Swim Meet 2017	
	80-84	50 Free	40.94	31-Dec-06	EMSC- AB	McRory, Bob
		100 Free	1:40.34	31-Dec-06	EMSC- AB	McRory, Bob
200 Free		4:15.28	31-Dec-04	EMSC- AB	Johnston, H	
400 Free		9:05.87	31-Dec-04	EMSC- AB	Johnston, H	
800 Free		20:29.52	31-Dec-06	EMSC- AB	Johnston, H	
1500 Free		42:33.23	31-Dec-06	EMSC- AB	Boddington, Jack	
50 Back		53.30	31-Dec-06	EMSC- AB	McRory, Bob	
100 Back		2:18.34	31-Dec-13	CMSC- AB	Malcolmston, Pat	
200 Back		6:12.81	31-Dec-08	EMSC- AB	Boddington, Jack	
50 Breast		52.26	31-Dec-06	EMSC- AB	McRory, Bob	
100 Breast		2:40.75	31-Dec-05	EMSC- AB	Johnston, H	
200 Breast		5:40.10	3-Apr-16	AB	Urtasun, Raul	
50 Fly		39.47	25-Mar-17	EMSC	Terry Dewhurst at Making Waves 16th Annual Sprint Meet	
100 IM		1:53.51	31-Dec-06	EMSC- AB	McRory, Bob	
85-89		50 Free	1:09.28	31-Dec-12	EMSC- AB	Judge, Larry
	100 Free	2:41.81	31-Dec-12	EMSC- AB	Judge, Larry	
	200 Free	6:10.03	31-Dec-11	EMSC- AB	Boddington, Jack	
	400 Free	12:43.17	31-Dec-11	EMSC- AB	Boddington, Jack	
	800 Free	37:02.57	31-Dec-09	EMSC- AB	Judge, Larry	
	50 Back	1:11.88	31-Dec-08	EMSC- AB	Judge, Larry	
	100 Back	2:56.85	31-Dec-12	EMSC- AB	Judge, Larry	
	200 Back	6:20.24	31-Dec-11	EMSC- AB	Boddington, Jack	
	100 IM	3:14.66	31-Dec-12	EMSC- AB	Judge, Larry	