



Excellence, Integrity, Innovation, Collaboration

Nominees 2018 Swim Alberta Board of Directors

Flowers, Scott

Scott has 29 years' experience in the swimming community, as a swimmer and a parent volunteer and official. He swam at every level of swimming in Alberta, from summer club through age group and onto Commonwealth and World Championships teams as well as at the varsity level representing both U of A and McGill. Scott served three years on the Alberta Summer Swimming Association board, including one as President. He has also served several years as Electronics Chair for Olympian Swim club. Scott is an active volunteer official at novice, age group, provincial and national meets, and has mentored many electronic timing officials and recorder-scorers in the province. He recently was a member of the local organizing committee for the 2016 Canadian Swimming Championships, responsible for electronics.

Scott has a degree in Mechanical Engineering and is currently the Director of Information Technology at Associated Engineering.

He has two kids involved in swimming, one coaching with St. Albert Sailfish and Olympian Swim Club, and one swimming with Edmonton Keyano Swim Club.

Freund, Jason

Jason has been involved in the sport of swimming for 30 years as a coach, official and board member for clubs both in BC and Alberta. For the past seven years, Jason has been with the Lethbridge Amateur Swim Club as a board member and volunteer. His three children all competed with LASC. Jason has just completed his first two year term on the Swim Alberta board.

Jason has worked in the Aquatics and Recreation field in Municipal Government operations since the late 1980's in many capacities including pool supervision, management and department director. His current position as Recreation Services Manager for the City of Lethbridge keeps him in touch with many minor sport organizations and the trends and issues in Canadian sport.

His favorite activity is still following his kids around to swim meets and witnessing the action from the deck or bleachers.

Sproule, Steve R.

Steve's involvement in swimming spans over 45 years. Graduating from the University of South Carolina 1982, with a Bachelor of Science in Physical Education, he competed in NCAA Championships and was a member of Canada's National Swimming Team (World University Games, Commonwealth Games and Tour Teams).

Following his swimming career, he coached, officiated and sat on the Cascade Swim Club and Southern Region Boards. He is a past Governor of the Lindsay Park Sport Society, serving two years as Chair and currently sits on the Swim Alberta Board.

In his professional life, Steve has worked in corporate Human Resources for almost 20 years. During this time, he has sat on industry and community committees including the Commonwealth Games Canada; Human Resource Committee, the Lieutenant Governor's Circle on Mental Health; Awards Selection Committee and the Canadian Mental Health Association Calgary Board.

He and his wife of 32 years, Leslie, have two daughters. Both girls recently graduated from Canadian universities where they swam competitively at the National and international levels, representing their respective schools each year at the CIS Championships.